



Sohini Bhattacharya

Nutritionist

As a passionate nutritionist, my mission is to empower individuals to make informed dietary choices for long-term success and to promote overall wellness.

✉ sohinibhattacharya319@gmail.com

☎ 9330472933

📍 Baidyabati, INDIA

EDUCATION

GRADUATION

KINGSTON COLLEGE OF SCIENCE(WEST BENGAL STATE UNIVERSITY)

09/2021 - 08/2024

CGPA--- 9.00

Courses

- BSC (HONS) IN FOOD AND NUTRITION

HIGHER SECONDARY

SHEORAPHULI SURENDRANATH VIDYANIKETAN (GIRLS) UNDER W.B.C.H.S.E

03/2019 - 07/2021

74%

Courses

- BIOSCIENCE

WORK EXPERIENCE

INDUSTRY VISIT

KEVENTER AGRO LTD.

03/2024 - 03/2024

BARASAT

HOSPITAL VISIT

WOODLANDS MULTISPECIALITY HOSPITAL PRIVATE LIMITED (WMHL)

08/2023 - 08/2023

Achievements/Tasks

- I successfully worked with a diverse range of patients , helping them improve their nutritional intake and create personalized diet plans, through one -on-one consultations and collaborative efforts with the professional dietitian and the medical team.

SKILLS

COUNSELING SKILL

MICROSOFT WORD

MICROSOFT EXCEL

MICROSOFT POWERPOINT

COMMUNICATION

NUTRITIONAL SCIENCE KNOWLEDGE

PERSONAL PROJECTS

HEALTH CAMP (06/2024 - 06/2024)

- I provided nutritional counselling to over 15 individuals , addressing such as obesity, lifestyle related disorders. i conducted quick assessments and advice practical dietary changes to each person's needs. the opportunity to educate a large group of people about the importance of balanced nutrition in maintaining long -term health was impactful.

OLD AGE HOME VISIT (08/2023 - 08/2023)

- I first started with the positive interactions and gratitude to support their psychological wellbeing , then i conducted a personalized nutritional assessments to address age-specific health, concerns such as bone health , digestion, and chronic disease management. by offering recommending nutrient rich , easy-to-digest meal.

ORGANIZATIONS

FRESHER

CERTIFICATES

CERTIFICATE OF PARTICIPATION
(09/2023 - 09/2023)

NATIONAL NUTRITION MONTH

LANGUAGES

ENGLISH

Full Professional Proficiency

BENGALI

Full Professional Proficiency

HINDI

Full Professional Proficiency

INTERESTS

PUBLIC HEALTH

CLINICAL NUTRITION

FOOD SCIENCE

NUTRITION EDUCATION