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JAI HIND COLLEGE

BASANTSING INSTITUTE OF SCIENCE &
J. T. LALVANI COLLEGE OF COMMERCE
AND SHEILA GOPAL RAHEJA
COLLEGE OF MANAGEMENT

AUTONOMOUS

23 - 24, BACKBAY RECLAMATION,
"A" ROAD, CHURCHGATE,
MUMBAI - 400 020.

DEPARTMENT OF PSYCHOLOGY

Ref. - JH /

20th December 2022

To Whomsoever It May Concern

I, NK Jyothi, Associate Professor at Jai Hind College, Mumbai, am very proud and delighted to recommend Ms Kriti Bandyopadhyay for the Masters' course of her choice at your esteemed university. As her teacher for all three years in college, I have witnessed her growth and positive change. She graduated with a Bachelor's in Arts Degree (Majoring in Psychology) with a CGPA of 9.92/10 and a grade of A+. Out of the nine subjects offered by our psychology program, I taught her Industrial and Organisational Psychology, Social Psychology and Counselling Psychology.

Kriti is always actively involved in the class and gives varied insights to the study material taught. She is a curious student who never shies away from asking questions for better clarity. She constantly strives to excel at whatever she studies and goes above and beyond to learn more. In the three years of college, she has shown research interest and has presented papers not just in Psychology but also in English Literature and Political Science. She never takes any study material at face value but instead analyses it critically to better understand it. This is why she received the Sumitomo Scholarship for two consecutive years. She was awarded it for her academic excellence and goal-oriented approach.

Kriti understands the concepts of Industrial and Organizational Psychology, and she has demonstrated them clearly through her assignments in the form of interviews, presentations, book reviews and videos. In group projects, she often takes the lead and communicates and coordinates with her peers.

Kriti is a compassionate individual and was selected as a member of the Ragging Prohibition Cell of our college. She also taught a disadvantaged student Spoken English during the pandemic on call.

In her second year, Kriti was an editor for the Jai Hind College Magazine. She interviewed some previous teachers for the same and wrote and edited the magazine. She was also responsible for the management of the photoshoot that took place for the magazine. Besides this, Kriti has participated in various Model United Nations competitions and showcased her leadership, crisis management and diplomatic skills. She won the best delegate award for the 'Psyc-Sabha' contest conducted during the Psychology college fest, which was a debate regarding mental health rights and issues about it.

Kriti's pursuit of learning led to her doing courses beyond those taught in college. She is a language learner and reads and writes poems in her free time. She also gained in-depth knowledge of Counselling during her Post Graduate Diploma course in Counselling after college, where she stood first in her batch.

Kriti is a quick learner and a good communicator who is passionate about her goals. She takes up challenges and has a positive and enthusiastic approach towards life. She will shine and excel wherever she goes.

Given the above information, I strongly encourage you to consider Kriti for your course. She has great potential to become an Industrial/Organizational Psychologist and would be a suitable candidate for this course at your esteemed University.

N K Jyothi

Associate Professor, HOD, Department of Psychology

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